

Laura York

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EDUCATION

Virginia Polytechnic Institute & State University, Blacksburg VA

Virginia Maryland College of Veterinary Medicine- Population Health Sciences

Master of Public Health: Public Health Education May 2021
Graduate Certificate of Gerontology GPA 3.93
Certified Health Education Specialist April 2021
Certified in Public Health Expected November 2021

East Carolina University, Greenville NC

Bachelor of Science in Public Health Studies: Community Health July 2018
Human Development and Family Sciences Minor Cum Laude GPA 3.5

RELEVANT EXPERIENCE

Virginia Polytechnic Institute & State University, Blacksburg VA

Center for Public Health Practice & Research

Institute for Policy & Governance

January 2020-Present

Research Associate

- Conduct the process evaluation and logistics assessment of implementing a harm reduction project in Roanoke City
- Conduct the process evaluation and community needs assessment of implementation of SAMHSA grant funded programs for community service boards in the local area
- Contribute to submission of Institutional Review Board documentation and determination for research studies
- Assist with the design, implementation and evaluation of other Center-led federal, state and local projects
- Support the Center Association Director and Director by coordinating projects, analyzing data, attending community meetings, and writing reports

COVID Companions

September 2020- Present

Program Coordinator

- Create a senior outreach program for isolated older adults in the local New River Valley Community with the COVID Public Health Task Force
- Manage a "Buddy" relationship between older adults and community members to increase social connectedness, provide technology assistance, and distribute community resources
- Provide mentorship to undergraduate students on management of program activities including program implementation, program management, and program evaluation
- Complete documentation and submission of Institutional Review board determination for non-research related studies

Environmental Health & Safety

August 2019-December 2019

Special Projects Assistant/Federal Work Study Student

- Ensure OSHA requirements are being met by required staff departments and research laboratories
- Perform FIT respirator testing for Virginia Tech staff with exposures
- Assist Occupational Health Clinic with organizational tasks, clerical tasks, and chart filing/storage

PREVIOUS EXPERIENCE

The Oaks at Mayview- Pruitt Health, Raleigh NC

March 2019- July 2019

Activities Director

- Plan and implement recreational activities for residents based on needs
- Improve quality of life of long-term residents

Alzheimer's Association, Raleigh NC

May 2018- February 2019

Development Coordinator

- Assist with oversight, monitoring, and strengthening of engagement between the association and constituents
- Coordinate duties/tasks between all Walk to End Alzheimer's Walk Chairs, administrative staff, interns, and volunteers
- Run frequent registration reports to assess retention, recruitment, and fundraising

Intern/Community Educator

- Train to be a Community Education representative of the association Programs department to deliver association Common Program Plans and education models
- Plan and facilitate Common Program Plan dementia education model with local home health agency office
- Assist in development of community program events and organization of team efforts

BAYADA Home Health Care, Raleigh NC

May 2017- October 2018

Certified Nursing Assistant/Home Health Aide

- Deliver home care with compassion, excellence, and reliability to home bound older adults in the local service area
- Help people have a safe home life with comfort, independence, and dignity

East Carolina University, Greenville NC

East Carolina University HDFS 2001 Child Development II

January 2017- May 2018

Teaching Assistant

- Support lead professor in conducting increased learning experiences for students
- Carry out clerical tasks
- Assist in assessing students' progress and behavior

Sunrise Senior Living, Winston Salem NC

May 2015- December 2015

Certified Nursing Assistant/Care Manager

- Assisted with activities of daily living
- Encourage independence and safety of residents in senior assisted living facility
- Practice safety precautions and sanitation techniques in everyday tasks

VOLUNTEER EXPERIENCE

Virginia Polytechnic Institute & State University, Blacksburg VA

COVID Crushers

January 2021-Present

Volunteer Assistant Coordinator

- Assist in training of COVID Crusher volunteers to participate at local COVID-19 vaccination clinics
- Individually participate at local COVID-19 vaccination clinics
- Serve as a public health resource to community members on implementation of program planning and training of volunteers

East Carolina University, Greenville NC

Eta Sigma Gamma National Health Education Honorary

September 2017-May 2018

Member

- Attend monthly volunteer meetings
- Volunteer with local organizations

Easter Seals UCP – Summer Moore Camp

Service-Learning Student/Volunteer

- Promote optimal child development for children with disabilities
- Maintain a safe and sanitary environment

CERTIFICATIONS

Certified Nursing Assistant

June 2014-March 2020

CPR/First Aid Certified

January 2014-March 2020