EDUCATION

University of Connecticut, Storrs, Connecticut
Doctor of Philosophy in Human Development and Family
Sciences,

Emphasis in Health, Wellbeing, and Prevention **Dissertation:** Subjective Well-Being of Young Adults with

Experience in Foster Care: A Mixed Methods Evaluation

Advisor: Preston Britner, Ph.D.

Quantitative Research Methods Certificate

Master of Arts in Human Development and Family Studies,

Emphasis in Marriage and Family Therapy

May 2015

Aug 2023

May 2020

Advisor: Preston Britner, Ph.D.

Biola University, La Mirada, California Dec 2010

Bachelor of Arts in Psychology, Minor in Biblical & Theological Studies

Honors Thesis: Topics in Positive Psychology: Authenticity and Emotion Suppression

University of Oxford, Wycliffe Hall, Oxford, United Kingdom Spring 2010 Semester Abroad

Tutorials: Philosophy of Science and Philosophy of Psychology and Neuroscience, Theology of Pauline Literature

SKILLS

- Presentation of process and outcome research to stakeholders through technical reports, peer-reviewed journal articles, and presentations
- Experience providing program evaluation to multiple community partners and state departments
- Management of multiple projects simultaneously
- Extensive knowledge of research on child maltreatment, child well-being, and foster care/adoption
- Experience working with child protective service agencies, state department of children and families, and adoption agencies
- Project management experience overseeing 1-20 people per project
- Competencies in statistical and data analysis packages: SPSS, NVivo, R, Mplus
- Experience creating, managing, and using large data sets
- Clinical experience as a Licensed Marriage and Family Therapist (LMFT)
- What Works Clearinghouse (WWC) Certified
- Experience writing and managing proposals
- Institutional Review Board (IRB) Member

Ciara Collins

ciaramcollins@vt.edu

EMPLOYMENT HISTORY

Virginia Tech Aug 2024 – Present

Research Faculty, Institute for Policy and Governance, Fairfax, VA

• Manage Family Research Unit

Abt Global Jun 2020 – Aug 2024

Associate (Senior Analyst, 2020–2023), Rockville, MD

- Subject Matter Expert, Youth Financial Education (YFE), Consumer Financial Protection Bureau (CFPB) (2024). Provided expertise on financial literacy initiatives for older youth and young adults in foster care and financial literacy.
- *Project Director,* Whatever it Takes CalOptima Grant, Orange County United Way (2023–2024). Led a mixed methods research team of 10 people to better understand tenant-based voucher success rates in Orange County, California by analyzing public housing authority (PHA) administrative data and conducting interviews with PHAs, CalOptima staff, homeless service provider staff, landlords, and voucher holders.
- *Institutional Review Board (IRB) Board Member,* **Abt Global** (2023–2024). Provided a behavioral health and trauma-informed perspective to IRB application reviews and incident reports.
- Data Collection Preparation and Technical Assistance Coordination Task Lead, Annual Homeless Assessment Report (AHAR), U.S. Department of Housing and Urban Development Office of Community Planning and Development (2022–2024). Managed community outreach to approx. 400 communities, planned and led staff training of approx. 20 people, and oversaw the development of outreach materials and products to support Abt staff and communities for both AHAR Part 1 the Point-in-Time (PIT) and Housing Inventory Count (HIC) and AHAR Part 2 the Longitudinal Systems Analysis (LSA). Coordinated AHAR project tasks with other HUD projects at Abt.
 - *Community Outreach Task Lead for the LSA* (2021–2022). Managed community outreach for the LSA to approx. 400 communities, planned and led staff training of approx. 20 people, and oversaw the development of outreach materials and products to support Abt staff and communities for the LSA.
 - Technical Assistance (TA) Provider (2020-2021). Assisted Continuums of Care (CoCs) with cleaning PIT, HIC, and LSA data. Nominated by project leadership for the data usability determination team that assessed usability of CoCs' data.
- *TA Provider*, California Interagency Council on Homelessness (Cal ICH) AB 977 TA, Cal ICH (2023–2024). Provided TA to state agencies and grantees around California AB 977 implementation, including leading the TA for the Behavioral Health Bridge Housing (BHBH) program for the California Department of Health Care Services (DHCS). Developed and recorded webinar on how to apply a trauma-informed and equitable approach to data collection for AB 977 grantees in California.
 - **Products:** see Professional Trainings Offered section
- Project Manager, Web Survey Task Lead, and Task Lead for Engaging Individuals with Experience Staying at a Project Roomkey (PRK) Site, PRK Evaluation, The California Health Care Foundation; The Conrad N. Hilton Foundation (2021–2024). Led the effort to obtain state and local administrative data, assisted with analysis and report-writing, and meaningfully engaged persons with experience staying at a PRK site.

Products: see Technical Reports section

- Focus Group Facilitator, Evaluation of Teen Pregnancy Prevention (TPP) Programs, U.S. Department of Health and Human Services Office of Population Affairs (2024). Facilitated focus groups with youth ages 14–20, eliciting their feedback on future research designs for TPP programs.
- Website Quality Control (QC) Task Lead, Prevention Services Clearinghouse (PSC), U.S. Administration for Children and Families (2021–2023). Led website QC team of early career and senior level staff, implemented continuous quality improvement (CQI) measures that ensured high quality public-facing products, and participated in strategic thinking about operational processes across PSC teams.
 - Abstract and Full Text Screener (2020–2023). Screened abstracts and full journal articles to determine eligibility for review.
 - Program Description Task Lead (2020–2023). Led program description editing team of senior level staff.
 - **Program Description Editor** (2020–2021). Edited program descriptions under the guidance of the deputy project director (DPD).
 - Website QC Reviewer (2020–2021). Reviewed the website for quality control purposes.
- Interviewer, Primary Care First (PCF), Centers for Medicare & Medicaid Services (CMS) (2021–2022). Conducted interviews with primary care practices participating in PCF. Coded qualitative data.
- Subject Matter Expert (SME), Thriving Families Safer Children Initiative (TFSC), Casey Family Programs (2021). Co-led key term synthesis in conjunction with AI team to generate a data driven Roadmap for Action aimed at transforming the child welfare system. Products: see Publications section
- Analyst and Interviewer, Permanent Supportive Housing (PSH) in Los Angeles, The
 Homeless Policy Research Institute; The United Way of Greater Los Angeles Home
 For Good (2020–2022). Analyzed construction proformas and interviewed LA developers
 with projects funded through the Mayor's Housing Challenge and Home For Good
 Accelerating PSH grants. Assisted with analysis and writing of Year 1 Report and Final
 Report.

Products: see Technical Reports section

- Interviewer, Violence Against Women Act (VAWA) Technical Assistance (TA), Housing and Urban Development Office of Public and Indian Housing (2020–2021). Conducted interviews with domestic violence advocacy agencies and public housing authorities (PHAs) to determine best practices for implementing VAWA protections. Assisted with writing two chapters and editing guidebook to disseminate best practices.
- Survey Developer, Fostering Youth to Independence (FYI) Evaluation, John T. Gorman Foundation (2020). Co-created survey measures and focus group questions to evaluate an initiative for young adults with foster care experience at risk of becoming homeless or currently experiencing homelessness.
- Qualitative Coder, Preschool Development Grant (PDG) Application Review (2020–2021). Qualitatively coded and analyzed PDG grant applications for collaborative state efforts in the early childhood space. Assisted with the writing of a white paper based on findings.

Products: see Publications section

• *Reviewer*, **ASPE Common Elements**, **U. S. Department of Health and Human Services Office of the Assistant Secretary for Planning and Evaluation** (2020). Reviewed studies to determine common components of effective prevention programs for at-risk youth.

• Interviewer and Qualitative Coder, Literacy in Early Learning Spaces (LiELS) Evaluation, The Free Library of Philadelphia Foundation (2020). Conducted interviews with preschool teachers on their experiences with a literacy program. Co-created qualitative codebook in NVivo. Taught project team how to use NVivo.

Wheeler Clinic May 2015 – Nov 2019

Clinician, Plainville, CT

- Managed small caseload comprised of children ages 3-17 and their families
- Participated in staff meetings, individual supervision, and attended trainings

The Humphrey Clinic

May 2015 - Aug 2018

Clinician, Storrs, CT

- Managed small caseload comprised of young adults, couples, co-parenting dyads, and families
- Participated in staff meetings, group supervision, and attended trainings

University of Connecticut

July 2015, 2016, 2017, 2018

Instructor, Rising Scholars Program, Storrs, CT

- Taught life skills courses (i.e., communication, emotion regulation, financial literacy) for high school age foster youth in a month-long residential college preparatory program
- Provided counseling and mediation services for foster youth during month-long program

Nightlight Christian Adoptions

May 2011 – Aug 2013

Snowflakes Embryo Adoption Program Coordinator, Anaheim Hills, CA

- Managed daily operations of embryo adoption program (e.g., maintained databases, prepared legal contracts, coordinated embryo shipments, facilitated semi-open adoptions)
- Guided families through adoption/donation process
- Corresponded and established partnerships with adoption agencies and IVF clinics
- Spoke at seminars and Embryo Adoption Summit
- Implemented feedback-based program improvement

PREVIOUS RESEARCH EXPERIENCE

Graduate Research Associate

Jul 2019 – May 2020

University of Connecticut & Office of Early Childhood (OEC), Hartford, CT

- Conducted focus groups with parents about home-based services in CT
- Analyzed qualitative focus group data for state MIECHV needs assessment using NVivo
- Conducted mixed methods analyses using SPSS for survey data and thematic coding of focus group data to determine the impact of child care provision on adult education programming

Supervisor: Kathryn Parr, Ph.D.

Graduate Research Associate

Aug 2019 – Jan 2020

University of Connecticut, Center for Applied Research in Human Development (CARHD), Storrs, CT

- Analyzed longitudinal data from the Aspire, Connect, Thrive (ACT) evaluation project using propensity score methods in R and confirmatory factor analyses using structural equation modeling in Mplus
- Composed manuscripts detailing the impact of ACT program on resiliency in middle childhood

Supervisor: Beth Russell, Ph.D.

Graduate Research Associate

Mar 2019 – Aug 2019

University of Connecticut & Department of Social Services (DSS), Center for Applied Research in Human Development (CARHD), Storrs, CT

• Conducted focus groups with fathers regarding experiences with fathering programs in CT **Supervisor:** Kari Adamsons, Ph.D.

Project Manager

Nov 2013 – Aug 2019

University of Connecticut & EASTCONN Head Start, Center for Applied Research in Human Development (CARHD), Storrs, CT

- Facilitated conversations between director, management, and UConn research team around continuous quality improvement, staff development, and family outcomes
- Used SPSS to analyze cross-sectional and longitudinal data and excel to thematically code written feedback from families and staff
- Provided technical reports to enhance continuous quality improvement and achieve longterm goals for agency, staff, and families
- Provided trainings to direct service staff on goal development
- Mentored undergraduate and master's degree student researchers
- Trained managers at agency to build capacity to conduct research and create reports inhouse

Supervisors: JoAnn Robinson, Ph.D. and Beth Russell, Ph.D.

Products: see Technical Reports and Conference Presentations sections

Project Manager

Sep 2013 – Jun 2019

University of Connecticut Rising Scholars Program, Storrs, CT

- Assisted in designing program evaluation assessment protocols to determine the impact of a college-preparatory program for youth in foster care
- Analyzed mixed methods data using SPSS and thematic analysis and provided feedback to program directors
- Provided technical assistance to program directors on how to manage program data and accurately report program statistics

Supervisor: Preston Britner, Ph.D.

Products: see Publications and Conference Presentations sections

Project Manager

Aug 2016 - May 2018

University of Connecticut & The Village for Families and Children, Center for Applied Research in Human Development (CARHD), Storrs, CT

- Managed a trauma-based multitiered initiative in urban K-8 schools from inception through Year 2 of a 5-year grant through the Office of Minority Health
- Created and maintained longitudinal databases in SPSS for quantitative data and created coding protocol for qualitative interview data with teachers
- Conducted individual semi-structured interviews with teacher participants related to trauma awareness and classroom practices
- Analyzed descriptive statistics in SPSS and conducted thematic analysis of qualitative data for annual reports for grantor and stakeholders
- Mentored undergraduate, master's, and doctoral student researchers

Supervisor: Beth Russell, Ph.D.

Products: see Technical Reports section

Graduate Research Associate

Aug 2016 – Jan 2017

University of Connecticut & The Village for Families and Children, Center for Applied Research in Human Development (CARHD), Storrs, CT

 Conducted individual semi-structured interviews with fathers who participated in a fatherhood program

Supervisor: Beth Russell, Ph.D.

Products: see Publications and Conference Presentations sections

PUBLICATIONS

Peer-Reviewed Journal Articles:

- **Collins, C. M.,** Salazar, A. M., Hoffman-Cooper, A., Johnson, R. M., Schmidt, L., Tiller, L., & Young, S. (2023). Mixed methods evaluation of two Georgia college campus support programs for students with experience in foster care. *Child and Adolescent Social Work Journal*. https://doi.org/10.1007/s10560-023-00941-0
- Russell, B. S., **Collins, C. M.**, Tomkunas, A. J., & Hutchison, M. (2021). Exploring the factor structure of the Child and Youth Resilience Measure (CYRM-12) for young children in a disadvantaged community. *Children and Youth Services Review, 120*, Article 105746. https://doi.org/10.1016/j.childyouth.2020.105746
- **Collins, C. M.**, & Russell, B. S. (2021). Collaborative Language Systems: Engaging high-risk adolescent fathers. *Child and Adolescent Social Work Journal, 38*(3), 255-264. https://doi.org/10.1007/s10560-020-00676-2
- Cooley, M., **Collins, C. M.**, Scott, C., & Guastaferro, K. (2023). *Examining the evidence of kin and relative foster parent training* [Manuscript in preparation].
- **Collins, C. M.**, Csizmadia, A., & Hynes, K. C. (2023). *Ethnic racial identity development in transracial foster placements: Building on what we know* [Manuscript in preparation].

Book Chapters:

Britner, P. A., & **Collins, C. M.** (2018). Permanent and formal connections: Mentors, community services, and connectedness. In E. Trejos-Castillo & N. Trevino-Schafer (Eds.), *Handbook of foster youth* (pp. 473-487). Routledge.

White Papers:

- Abt Associates. (2022). *Building a 21st century road map to child welfare transformation*. https://online.fliphtml5.com/jdba/iyhp/#p=1
- Checkoway, A., Bumgarner, E., **Collins, C.**, & Cocatre-Zilgien, E. (2021). *Building a stronger early childhood system: Ongoing state efforts to improve coordination and alignment*. Abt Associates. https://www.abtassociates.com/files/insights/white-papers/2021/pdg-brief-final.pdf

Translational Summaries:

- **Collins, C. M.** (2021). *APSAC research to practice brief* [Review of the journal article *The cumulative prevalence of termination of parental rights for U.S. children, 2000–2016*, by C. Wildeman, F. R. Edwards, & S. Wakefield]. APSAC Research to Practice Briefs. https://www.apsac.org/researchtopractice
- Kelly, S. (2022). Supporting transition-age foster youth [Fact sheet] (E. Aparicio, C. Collins, K. M. Combs, A. Day, A. Dworksy, M. Faulkner, S. Font, A. Mason, R. Rosenberg, T. Shaw, M. Stagner, & S. Vandivere, Contributors). Research-to-Policy Collaboration.

CONFERENCE PRESENTATIONS

- Cooley, M., **Collins, C. M.**, Scott, C., & Guastaferro, K. (2021, July 12-15). *Examining the evidence of kin and relative foster parent training* [15-minute research session]. American Professional Society on the Abuse of Children 28th Annual Colloquium.
- **Collins, C. M.**, Okpych, N. J., & Britner, P. A. (2019, June 18-22). *Improving academic and socioemotional outcomes for youth in foster care through immersive college preparation experiences* [Media ready micro-session]. American Professional Society on the Abuse of Children 26th Annual Colloquium, Salt Lake City, UT, United States.
- **Collins, C. M.**, Csizmadia, A., & Hynes, K. C. (2018, November 7-10). Ethnic racial identity development in transracial foster placements: Building on what we know. In K. M. Hrapczynski (Chair), *Transracial adoption, foster care, and socialization* [Symposium]. National Council on Family Relations Annual Conference, San Diego, CA, United States.
- **Collins, C. M.**, & Russell, B. (2017, November 15-18). *Using Collaborative Language Systems to engage high-risk adolescent fathers* [Paper presentation]. National Council on Family Relations Annual Conference, Orlando, FL, United States.
- **Collins, C. M.**, Forcier, P., Russell, B., & Snyder, M. (2017, May 25-28). *Engaging high-risk adolescent fathers: A qualitative examination of motivation to change in fatherhood programs* [Poster presentation]. Association for Psychological Science 29th Annual Convention, Boston, MA, United States.

- Robinson, J., Gozemba, D., & **Collins, C. M.** (2017, April 7-10). *Serving families: How well are you assessing it? Who is better off?* [Workshop]. 44th Annual National Head Start Conference and Expo, Chicago, IL, United States.
- **Collins, C. M.**, Theriault, K., Altamura, V., & Britner, P. A. (2016, November 2-5). *Improving academic and socioemotional outcomes for youth in foster care* [Lightning paper presentation]. National Council on Family Relations Annual Conference, Minneapolis, MN, United States.
- Gozemba, D., **Collins, C. M.**, & Ellsworth, A. (2016, May 16-20). *Translating staff and family voices into data-based program planning* [Workshop]. 43rd Annual National Head Start Conference and Expo, Nashville, TN, United States.
- **Collins, C. M.**, Britner, P. A., Theriault, K., & Altamura, V. (2015, June 16-19). *Resiliency in foster youth and perceived social support: A mixed methods program evaluation* [Poster presentation]. Resilience Research Centre's Pathways to Resilience III: Beyond Nature vs. Nurture Conference, Halifax, Nova Scotia, Canada.
- **Collins, C. M.** (2011, April 28-May 1). *Authenticity and emotion suppression* [Poster presentation]. Western Psychological Association Annual Convention, Los Angeles, CA, United States.

TECHNICAL REPORTS

- Fiore, N., Dunton, L., Gibson, S., & **Collins, C**. (2024). *Evaluation of California's Project Roomkey program: Final report.* Abt Global.
- Fiore, N., Dunton, L., **Collins, C.**, & Harmon, J. (2022). *Evaluation of California's Project Roomkey program: Year 1 report.* Abt Associates.
- Fiore, N., Burnett, K., Gould, L., & **Collins, C.** (2022). *Investigating housing models for accelerating PSH production: Final report.* Abt Associates.
- Fiore, N., Burnett, K., Gould, L., **Collins, C.**, & Ng, B. (2021). *Investigating housing models for accelerating PSH production: Year 1 report*. Abt Associates.
- Family check-in report: End-of-year. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (July 2014, 2015, 2016, 2017, 2018, 2019)
- Home visit report: End-of-year. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (July 2014, 2015, 2016, 2017, 2018, 2019)
- Family goal-setting report: Winter. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (March 2016, 2017, 2018, 2019)
- Family check-in report: Mid-year. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (February 2015, 2016, 2017, 2018, 2019)
- Home visit report: Fall. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (January 2015, 2016, 2017, 2018, 2019)

- Family functioning assessment report: End-of-year. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (July 2015, 2016, 2017, 2018)
- Family goal-setting report: End-of-year. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (July 2014, 2015, 2016, 2017, 2018)
- Family functioning assessment report: Fall. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (December 2014, 2015, 2016, 2017, 2018)
- Family goal-setting report: Fall. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (December 2014, 2015, 2016, 2017, 2018)
- Aspire, Connect, Thrive: Project Evaluation Technical Report Year 1. Technical report prepared for The Village for Families and Children, Hartford, CT. (October 2017)
- Aspire, Connect, Thrive: Infographics Report Year 1. Infographics report prepared for The Village for Families and Children, Hartford, CT. (October 2017)
- Aspire, Connect, Thrive: ACT Academy Snapshot. Graphic overview of program prepared for The Village for Families and Children, Hartford, CT. (October 2017)
- Education goal-setting report: Fall. Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (February 2017)
- *Home visit report: Winter.* Technical report prepared for EASTCONN Early Head Start and Head Start, Hampton, CT. (March 2015)

PROFESSIONAL TRAININGS OFFERED

Trauma-Informed and Equitable Data Collection for Homeless Management Mar 2024 **Information Systems (HMIS),** Abt Global

• Developed and recorded webinar on how to apply a trauma-informed and equitable approach to data collection for AB 977 grantees in California.

Understanding Trauma and Applying Trauma-Informed Practices to Site Visits, Nov 2022 Abt Associates

• Led internal training and debrief session for the Project Roomkey project. Covered the basics of trauma and how trauma can manifest on site visits and during interviews with people experiencing homelessness

Understanding Trauma and Applying Trauma-Informed Practices toApr 2022 **Phone Interviews,** Abt Associates

• Led internal training and debrief session for the Columbia Alzheimer's project. Covered the basics of trauma and how trauma can manifest during phone interviews with people with a family history of Alzheimer's disease

Understanding Trauma and Trauma-Informed Practice, Abt Associates Apr 2021

 Co-led internal training for the Prevention Services Clearinghouse project. Covered the basics of trauma and how trauma can manifest in the workplace

Data Documentation, EASTCONN Head Start

Nov 2017

• Trained Head Start staff on new processes for data documentation to ensure CQI

Infant Toddler Conference, EASTCONN Head Start

Mar 2017

 Co-led a presentation on serving families with complex needs, looking at individual and aggregate data

Goal Setting, EASTCONN Head Start

Oct 2016

 Led a training for Head Start staff on goal setting and connecting family goals with agency family functioning framework

Dialectical Behavior Therapy, University of Connecticut

Mar 2016

• Trained students enrolled in the Marriage and Family Therapy program at the University of Connecticut on Dialectical Behavior Therapy

Social Support for Caregivers and Foster/Adoptive Children,

Ian 2016

Rising Scholars Program

• Led workshop for caregivers of foster/adoptive children in the Rising Scholars Program on how to build support networks for themselves and their foster/adoptive children

Goal Setting, EASTCONN Head Start

Jan 2016

• Led two trainings for Head Start staff on goal setting and connecting family goals with agency family functioning framework

Embryo Adoption Summit, Nightlight Christian Adoptions

Oct 2012

• Led trainings for adoption agency staff on the process of embryo adoption

PROFESSIONAL LICENSES

Licensed Marriage and Family Therapist (LMFT), Connecticut, License #002013

PROFESSIONAL MEMBERSHIPS

Psi Chi National Honor Society, Nov 2009 – Present

American Association for Marriage and Family Therapy (AAMFT), Sep 2013-2022 National Council on Family Relations (NCFR), Jun 2016-2022

American Professional Society on the Abuse of Children (APSAC), Feb 2019 – 2022

PROFESSIONAL SERVICE

Ad Hoc Reviews:

Iournals:

- Journal of Child and Family Studies
- Children and Youth Services Review

Book Chapters:

• Child and Family-Serving Systems: A Compendium of Policy and Practice (2021)

Conference Proposals:

- National Council on Family Relations (NCFR) Annual Conference, 2018–2020
- American Association for Marriage and Family Therapy (AAMFT) Annual Conference, 2019–2020
- Annual Conference on The First-Year Experience, 2021

Grants:

- Education Innovation and Research (EIR) Program: Early Phase Grant, 2021–2022
- Postsecondary Student Success Program (PSSP), 2022

Committees:

• Young American Professional Society on the Abuse of Children (YAPSAC), 2020–2022

Legislative Consultations:

Research-to-Policy Collaboration (RPC), 2021–Present

AWARDS & FELLOWSHIPS

Spot Recognition Award, AHAR, Abt Global, Feb 2024

Spot Recognition Award, DART and PRK, Abt Associates, Aug 2022

Spot Recognition Award, AHAR, Abt Associates, Feb 2022

Spot Recognition Award, PSC, Abt Associates, Jan 2021

Spot Recognition Award, PSH in LA, Abt Associates, Jan 2021

Spot Recognition Award, LiELS, Abt Associates, Oct 2020

Doctoral Dissertation Fellowship, University of Connecticut, Dec 2019

Mattoon-Kline Endowed Scholarship Fund, University of Connecticut, May 2019

Human Development and Family Sciences Departmental Award, University of Connecticut, May 2019

Predoctoral Graduate School Fellowship Award, University of Connecticut, May 2019

Human Development and Family Sciences Internal Dissertation Grant Award, University of Connecticut, Mar 2019

Summer Fellowship for Advanced Graduate Students, University of Connecticut, Jun 2017, May 2018

CLAS Dean's Fund Fellowship, University of Connecticut, May 2016

Graduate School Fellowship, University of Connecticut, May 2016

Tuition Assistance Award, University of Connecticut, Aug 2013 - May 2014

Who's Who Among Students in American Universities and Colleges, Biola University, May 2011

Magna Cum Laude, Biola University, Dec 2010

Epsilon Kappa Epsilon Honors Society, Biola University, Dec 2010

Gilman International Scholarship, Biola University, Dec 2009

George Mayr Scholarship, Biola University, Aug 2008 – Aug 2010